



ALL DAY FOOD
menu

STARTERS

SOUP **V** **VE** **LF** **24**

Calories may vary, GF option available

Local farmed soup of the moment, warm rosemary focaccia.

£7.95

6 WINGS / 12 WINGS

430 kcal (6 wings) / 830kcal (12 wings), GF or LF option available

House smoked chicken wings, shoestring fries, Jack Daniels BBQ sauce (70kcal) or chilli jam (70kcal).

6 WINGS:

£9.00

12 WINGS:

£15.00

HAM HOCK CROQUETTES

510 Kcal

Ham Hock Croquette served with piccalilli.

£9.00

NACHOS **V** **GF** **24**

730 kcal (small) / 860 kcal (large), VE or LF option available

Chilli cheese nachos, Monterey Jack cheese, smashed avocado, piccolo tomato salsa and sour cream.

SMALL:

£8.95

LARGE:

£14.95

Add Grilled Chicken:

83 kcal (small) for £3.95 / 166 kcal (large) for £7.00

CAPRESE SALAD **GF**

412 kcal

Caprese salad, heritage tomatoes, Bocconcini, avocado puree, salami crisps and truffle oil.

£7.50

SHRIMP COCKTAIL

463 Kcal

Plump prawns served on a bed of crisp baby gem lettuce, paired with a tangy cocktail sauce.

£9.50

BRUSCHETTA **VE**

340 Kcal

Crispy ciabatta topped with fresh tomatoes, olives and a drizzle of olive oil.

£7.50

GARLIC & BACON MUSHROOMS

480 Kcal

Rustic garlic and bacon mushrooms.

£8.50

SANDWICHES

CHICKEN SCHNITZEL

970 kcal

Chicken schnitzel ciabatta, cheese, BBQ sauce, crisps.

£13.95

FISH FINGER

730 kcal

Posh fish finger ciabatta, baby gem, tartar sauce, crisps.

£13.95

CAESAR WRAP **24**

618 kcal

Lemon chicken, romaine lettuce, Parmesan, anchovy dressing, crisps.

£9.95

SUPERFOOD WRAP **V** **24**

590 kcal, VE or LF option available

Quinoa, broccoli slaw, kale, golden beetroot, feta, red grapes, walnuts, smashed avocado, pumpkin seeds, chia seeds, blueberry & ginger dressing, crisps.

£9.95

HAM & MUSTARD **24**

470 kcal

Served with crisps.

£8.95

ALL DAY BREAKFAST BAP

XXX kcal

Bacon, sausage, fried egg and two hash browns.

£8.50

FALAFEL WRAP **V** **24**

502 Kcal

Crispy falafel, lettuce, olives, pickles, garlic mayo, ketchup, crisps.

£9.00

CLUB SANDWICH

1600 Kcal

Lettuce, tomato, cucumber, chicken breast, bacon, egg, melted Cheddar, crisps.

£16.50

TUNA MAYO **24**

535 Kcal

Tuna & mayonnaise sandwich, served with crisps.

£9.00

CHEESE & HAM PANINI

585 Kcal

Hot cheese & ham panini, served with skinny fries.

£9.50

PASTA

LASAGNE

1154 kcal

Prime beef lasagne, rocket, walnuts, basil oil, shaved Parmesan with garlic bread.

£16.95

CARBONARA

1478 kcal

Pancetta spaghetti carbonara, creamy white wine & garlic sauce, samphire grass, shaved Parmesan.

£15.95

PENNE ARRABIATA **V**

675 kcal

Spicy tomato sauce, Italian herbs.

£13.95

Add Grilled Chicken for £3.95 83 kcal

MAINS

SIRLOIN STEAK

863 kcal

Skinny fries, wilted greens, free range poached egg, pink peppercorn hollandaise.

£35.00

FISH & CHIPS

1881 kcal

Yeast battered catch of the day, triple cooked chips, mushy garden peas, tartar sauce.

£19.95

POSH PIE OF THE DAY

Calories may vary

Mashed potatoes or skinny fries, green beans.

£18.95

SEA BASS

1144 kcal

Pan crispy Sea bass, Coconut curry potato gratin, samphire grass, lobster cream.

£18.95

BURGERS

STEAK BURGER

1517 kcal

Black treacle bacon, Suffolk Cheddar, toasted sesame brioche bun, gem, tomato, skinny fries, cherry vine tomato ketchup.

£19.95

CHICKEN BURGER

2243 kcal

Spiced lemon & buttermilk chicken burger, Monterey Jack cheese, toasted sesame brioche bun, gem, tomato, skinny fries, cherry vine tomato ketchup.

£17.50

PLANT BURGER **VE** **LF**

927 kcal

Plant burger, mature Violife cheese, toasted brioche bun, gem, tomato, skinny fries, Jack Daniels BBQ sauce.

£16.50

POSH HOT DOG

892 kcal

Served with fried onions, sweet pickle relish, tomato and skinny fries.

£17.50

SALADS

CAESAR **24**

408 kcal (small) / 816 kcal (large)

Romaine lettuce, olive oil croutons, Parmesan, anchovy dressing.

£14.00

Add Grilled Chicken for £3.95 83 kcal

SUPERFOOD **V**

373 kcal (small) / 755 kcal (large), VE or LF option available

Quinoa, broccoli slaw, kale, golden beetroot, feta, red grapes, walnuts, smashed avocado, pumpkin seeds, chia seeds, blueberry & ginger dressing.

£14.00

Add Grilled Chicken for £3.95 83 kcal

GREEK **V**

400 Kcal

Cucumber, bell peppers, red onion, tomatoes, olives, creamy feta cheese.

£14.00

PIZZA

BBQ CHICKEN

1315 kcal

Smoked chicken, roasted peppers, red onions, mozzarella cheese.

£15.95

MEAT FEAST

1488 kcal

Sausage, ham, bacon, tomato sauce.

£15.95

MARGHERITA **V** **24**

980 kcal

Sun dried cherry tomatoes, bocconcini, Parmesan, piccolo tomato & pesto sauce, basil crisps.

£13.95

PEPPERONI **24**

1250 kcal

Double loaded pepperoni, mozzarella cheese, basil, Italian herbs.

£15.95

ANY ALLERGIES OR INTOLERANCES?

If you or anyone in your party have any food related allergies or intolerances, please inform your server before ordering. Allergen information for this menu is available on request. All food is prepared in an area where allergens are present.



Vegetarian



Vegan



Gluten Free



Lactose Free

SIDES

SWEET POTATO FRIES **VE**

248 kcal, GF or LF option available

£5.50

ONION RINGS **V**

585 kcal

£4.50

SKINNY FRIES **VE**

220 kcal, GF or LF option available

£4.50

ROCKET & PARMESAN SALAD **V**

490 kcal

£5.00

SEASONAL GREEN VEGETABLES **V** **GF**

65 kcal, VE or LF option available

£4.50

GARLIC CIABATTA **V**

510 kcal

£4.50

DESSERT

CHOCOLATE BROWNIE **V**

614 kcal

Served warm with honeycomb ice cream.

£8.25

ICE-CREAM **V** **GF** **24**

525 kcal, VE or LF option available

Selection of ice creams and sorbets.

£6.00

STICKY TOFFEE PUDDING

630 kcal

Served with vanilla ice cream.

£8.50

APPLE TART **V** **VE** **LF**

326 kcal

Warm Bramley apple tart, salted caramel ice cream.

£8.25

Please note that 12.5% discretionary service charge will be added to your final bill. 100% of service charges are paid to hotel employees.

